**Weekly Practice Log**

Date: .

1) Print this guide.

2) Use this template as a guide for your weekly practice.

3) Bring this to your next lesson.

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| Major  Scales |  |  |  |  |  |  |  |
| Major Arpeggios |  |  |  |  |  |  |  |
| Minor  Scales |  |  |  |  |  |  |  |
| Minor Arpeggios |  |  |  |  |  |  |  |
| Chromatic Scales |  |  |  |  |  |  |  |
| Whole Tone Scales |  |  |  |  |  |  |  |
| Octaves |  |  |  |  |  |  |  |
| Dom 7ths |  |  |  |  |  |  |  |
| Dim 7ths |  |  |  |  |  |  |  |
| Long Tones  < > |  |  |  |  |  |  |  |
| Orchestral Excerpts |  |  |  |  |  |  |  |
| Technical Study #1 |  |  |  |  |  |  |  |
| Technical Study #2 |  |  |  |  |  |  |  |
| Technical Study #3 |  |  |  |  |  |  |  |
| Piece #1 |  |  |  |  |  |  |  |
| Piece #2 |  |  |  |  |  |  |  |
| Piece #3 |  |  |  |  |  |  |  |
| Transposition |  |  |  |  |  |  |  |
| Sight Reading |  |  |  |  |  |  |  |
| Listen to Recordings |  |  |  |  |  |  |  |
| Record yourself |  |  |  |  |  |  |  |
| Other… |  |  |  |  |  |  |  |